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STRENGTH TO FAMILIES

201 23rd Avenue North  
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*It is our hope that we have captured everyone accurately; if not please contact us. Thank you.*



**Family & Children's Service**

**2009-10 ANNUAL REPORT**

FAMILY & CHILDREN'S SERVICE PROGRAMS

STATISTICS INCLUDED ARE FROM FISCAL YEAR 2009-2010

**Permanency Services**

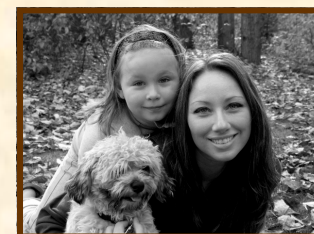
Helping children find emotional healing and forever families. Services also include adoption recruitment activities for Adopt US Kids, and Wendy's Wonderful Kids; a signature program of the Dave Thomas Foundation.

196 children received an array of therapeutic services and their foster and birth families received support and training.

**Davidson County Relative Caregiver Program (DCRCP)**

Strengthening and empowering relative caregiver families.

640 children and 315 caregivers benefited from counseling and support group, material and financial support, advocacy and family and youth enrichment activities. No children had to enter or re-enter state custody because of the variety of services offered and the responsiveness of the Relative Caregiver Program to potential threats to the stability of the relative caregiver placement.



STRENGTH TO FAMILIES

Strengthening Families since 1943

**Community-based Counseling Services**

Strengthening families by providing real help for life's hurts and challenges.

Healing the psychological wounds of children exposed to violence.

599 individuals received counseling in accessible community locations to help them reduce symptoms of depression or anxiety, decrease self-destructive behavior or increase self-awareness, overcome domestic violence and/or trauma, and the ability to form and use support networks.

Children who witnessed or were victims of violence received timely therapeutic intervention to help prevent the immediate and long-term negative mental health consequences of traumatic events.

**Family Service Counseling**

Overcoming Barriers to self-sufficiency.

851 individuals were assessed and received services to help them overcome mental health issues, domestic violence, substance abuse, learning disabilities and child behavior and health issues that would impede their progress toward economic self-sufficiency.

**Survivors of Suicide (SOS)**

Support groups provided at no cost for anyone who has lost a family member or friend to suicide.

101 individuals attended and benefited from Middle Tennessee's only weekly Survivors of Suicide support groups led by trained facilitators.

**Center/2-1-1 Help Line**

Providing real help for real hurt – right now!

Free, confidential accessible counseling available in 170 languages that assisted 33,294 callers including 919 who expressed suicidal or homicidal ideation. Through 2-1-1 Information & Referral, 179,175 callers received 248,427 referrals to information and/or community resources. We now have access to more than 7,900 community resources.



**School-based Services**

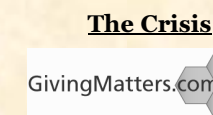
Equipping students with essential social and life skills and support families.

1866 students were served in Metro Nashville and Williamson County Public Schools. The Family Resource Center linked families who needed community resources including counseling. Students participated in programs focused on Social Skills/Self Esteem, Personal Safety, Conflict Resolution, Academic Self Concept, Decision Making and Domestic Violence Intervention and Prevention. 92% of students showed improvement in at least 5 of these 6 areas.

**FINANCIALS**

**TOTAL OPERATING REVENUE**  
\$3,886,434.09

**TOTAL OPERATING EXPENSE**  
\$3,694,946.66



*This newsletter has been produced in-house by the Family & Children's Service Development Department rather than printed commercially. We are committed to making the most of your contributions to benefit those we serve.*

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